

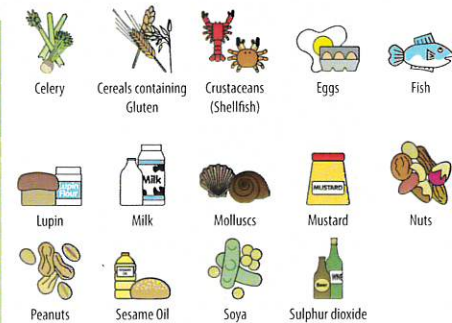
# Time for lunch at Salisbury

## Our Menu

This menu is provided to schools across Walsall, however some schools may request changes or provide an additional choice.

## Allergens

Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the child's dietitian.



Some of our menu items contain allergens, including: Celery, Cereals containing Gluten, Crustaceans (Shellfish), Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Sesame oil, Soya, Sulphur dioxide.

Peanuts and Nuts are also classed as allergens but these are not used on our menu.

For more information on allergies or special diets please contact Walsall Catering Services on 01922 652560.

\* Fruit  
\*\* Wholegrain  
\*\*\* Oily Fish  
(V) Vegetarian




Week 1	Week Commencing 31/10/22, 21/11/22, 12/12/22, 16/01/23, 06/02/23, 06/03/23, 27/03/23					
	Meat Free Monday	School Favourites Tuesday	Around the World Wednesday	Roast Thursday	Fish Friday	
Menu A	Fish Cake	Cheese Pizza	Love Joes Chicken Wrap	Roast Chicken & Stuffing	Oven Baked Fish	
Menu B	Quorn Sausage (V)	Cheese & Tomato Pizza (V)	Quorn Wrap (V)	Quorn Roast & Stuffing (V)	Veggie Nuggets (V)	
Starch	Creamed Potatoes	Potato Smiles	Potato Waffles	Roast & Creamed Potatoes	Oven Baked Chips	
Accompaniments	Parsley Sauce or Gravy			Gravy	Tomato Ketchup	
Vegetables	Peas & Carrots	Baked Beans	Sweetcorn & Peas	Sweetcorn & Carrots	Baked Beans	
Desserts	Fruit Topped American Pancake*	Baked Sponge & Custard	Chocolate Sponge & Chocolate Sauce	Ice Cream*	Chocolate Cracknell & Custard	

Week 2	Week Commencing 07/11/22, 28/11/22, 03/01/23, 23/01/23, 13/02/23, 13/03/23					
	Meat Free Monday	School Favourites Tuesday	Around the World Wednesday	Roast Thursday	Fish Friday	
Menu A	Cheese Lattice	Pizza	Chicken Curry	Roast Chicken Fillet & Stuffing	Fish Fingers	
Menu B	Fish Fingers (V)	Cheese & Tomato Pizza (V)	Veggie Curry (V)	Quorn Roast & Stuffing (V)	Vegetarian Sausage Roll (V)	
Starch	Wedges	Herbie Diced Potatoes	Rice/Naan Bread	Roast & Creamed Potatoes	Oven Baked Chips	
Accompaniments	Tomato Ketchup			Gravy	Tomato Ketchup	
Vegetables	Baked Beans	Spaghetti Hoops	Sweetcorn	Carrots & Broccoli	Baked Beans	
Desserts	Fruit Topped Waffle*	Chocolate Sponge & Custard	Cookie Biscuit & Custard	Ice Cream*	Fairy Cake & Custard	

Week 3	Week Commencing 14/11/22, 05/12/22, 09/01/23, 30/01/23, 07/02/23, 20/03/23					
	Meat Free Monday	School Favourites Tuesday	Around the World Wednesday	Roast Thursday	Fish Friday	
Menu A	Quorn Bolognese Bake (V)	Pizza	Crispy Chicken Wrap	Roast Turkey & Stuffing	Oven Baked Fish	
Menu B	Quorn Southern Fried Burger & Bun (V)	Cheese & Tomato Pizza (V)	Quorn Wrap (V)	Quorn Roast & Stuffing (V)	Quorn Nuggets (V)	
Starch	Wedges	Herbie Diced Potatoes	Potato Smiles	Roast & Creamed Potatoes	Oven Baked Chips	
Accompaniments	Tomato Ketchup			Gravy	Tomato Ketchup	
Vegetables	Sweetcorn	Baked Beans	Peas & Sweetcorn	Broccoli & Cauliflower	Spaghetti Hoops	
Desserts	Sugar Ring Doughnut	Baked Sponge & Custard	Shortcake & Custard	Ice Cream*	Chocolate Sponge & Custard	

**Alternative Desserts available every day:**  
Fresh Fruit Salad\*, Yoghurt, Cheese & Biscuits

**Water is available every day** 

**Jacket Potato & Filling available every day!**  
Cheese or Baked Beans