

# Time for lunch at Salisbury

| Week 1         | Week Commencing 06/11/23, 27/11/23, 18/12/23, 22/01/24, 19/02/24, 11/3/24 |                           |                                    |                                |                               |
|----------------|---|---------------------------|------------------------------------|--------------------------------|-------------------------------|
|                | Meat Free Monday  | School Favourites Tuesday | Around the World Wednesday         | Roast Thursday                 | Fish Friday                   |
| Menu A         | Fish Cake   | Cheese Pizza              | Chicken Wrap                       | Chicken Sausage                | Oven Baked Fish               |
| Menu B         | Pasta Bake (V)  | Cheese & Tomato Pizza (V) | Quorn Wrap (V)                     | Quorn Sausage (V)              | Veggie Nuggets (V)            |
| Starch         | Creamed Potatoes  | Potato Smiles             | Potato Waffles                     | Roast & Creamed Potatoes       | Oven Baked Chips              |
| Accompaniments | Parsley Sauce   |                           |                                    | Gravy                          | Tomato Ketchup                |
| Vegetables     | Peas & Sweetcorn  | Baked Beans               | Sweetcorn & Peas                   | Sweetcorn & Carrots            | Baked Beans                   |
| Desserts       | Fruit Topped American Pancake*  | Baked Sponge & Custard    | Chocolate Sponge & Chocolate Sauce | Fresh Fruit Salad & Ice Cream* | Chocolate Cracknell & Custard |

| Week 2         | Week Commencing 13/11/23, 04/12/23, 08/01/24, 29/01/24, 26/02/24, 3/03/24 |                            |                            |                                 |                             |
|----------------|---|----------------------------|----------------------------|---------------------------------|-----------------------------|
|                | Meat Free Monday  | School Favourites Tuesday  | Around the World Wednesday | Roast Thursday                  | Fish Friday                 |
| Menu A         | Cheese Lattice  | Pizza                      | Chicken Curry              | Roast Chicken Fillet & Stuffing | Fish Fingers                |
| Menu B         | Quorn Cottage Pie (V)   | Cheese & Tomato Pizza (V)  | Veggie Curry (V)           | Quorn Roast & Stuffing (V)      | Vegetarian Sausage Roll (V) |
| Starch         | Jacket Wedges   | Herbie Diced Potatoes      | Rice/Naan Bread            | Roast & Creamed Potatoes        | Oven Baked Chips            |
| Accompaniments | Tomato Ketchup  |                            |                            | Gravy                           | Tomato Ketchup              |
| Vegetables     | Baked Beans   | Spaghetti Hoops            | Sweetcorn                  | Carrots & Broccoli              | Baked Beans                 |
| Desserts       | Fruit Topped Waffle*  | Chocolate Sponge & Custard | Cookie Biscuit & Custard   | Fresh Fruit Salad & Ice Cream*  | Fairy Cake & Custard        |

| Week 3         | Week Commencing 20/11/23, 11/12/23, 15/01/24, 05/02/24, 04/03/24 |                           |                            |                                |                            |
|----------------|--|---------------------------|----------------------------|--------------------------------|----------------------------|
|                | Meat Free Monday   | School Favourites Tuesday | Around the World Wednesday | Roast Thursday                 | Fish Friday                |
| Menu A         | Quorn Bolognese Bake   | Pizza                     | Crispy Chicken Wrap        | Roast Turkey & Stuffing        | Oven Baked Fish            |
| Menu B         | Quorn Southern Fried Burger & Bun (V)                            | Cheese & Tomato Pizza (V) | Quorn Wrap (V)             | Quorn Roast & Stuffing (V)     | Quorn Nuggets (V)          |
| Starch         | Jacket Wedges  | Herbie Diced Potatoes     | Potato Smiles              | Roast & Creamed Potatoes       | Oven Baked Chips           |
| Accompaniments | Tomato Ketchup   |                           |                            | Gravy                          | Tomato Ketchup             |
| Vegetables     | Sweetcorn  | Baked Beans               | Peas & Sweetcorn           | Broccoli & Cauliflower         | Spaghetti Hoops            |
| Desserts       | Sugar Ring Doughnut  | Baked Sponge & Custard    | Shortcake & Custard        | Fresh Fruit Salad & Ice Cream* | Chocolate Sponge & Custard |

## Our Menu

This menu is provided to schools across Walsall, however some schools may request changes or provide an additional choice.

## Allergens

Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the child's dietitian.



Some of our menu items contain allergens, including: Celery, Cereals containing Gluten, Crustaceans (Shellfish), Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Sesame oil, Soya, Sulphur dioxide.

Peanuts and Nuts are also classed as allergens but these are not used on our menu.

For more information on allergies or special diets please contact Walsall Catering Services on 01922 652560.

\* Fruit  
\*\* Wholegrain  
\*\*\* Oily Fish  
(V) Vegetarian

Freshly prepared salad every day!

**Alternative Desserts available every day:**

Fresh Fruit Salad\*, Yoghurt, Cheese & Biscuits

Water is available every day



**Jacket Potato & Filling available every day!**

Cheese or Baked Beans