**Salisbury Primary School**

**PE Curriculum Overview**

Our PE curriculum provides many opportunities for our pupils to be active every single day. The provision for engaging in physical, outdoor activities supports pupils with building confidence, inspiring positivity and improving social skills. We use ‘Striver’ to support the teaching of PE skills across KS1 and KS2. The approach has allowed our pupils to focus on specific skills with the aim of practising and refining as much as possible. In turn, these experiences have progressively built into extending the range of competitive games and team activities that the pupils engage in.

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|  | **AUTUMN 1** | **AUTUMN 2** | **SPRING 1** | **SPRING 2** | **SUMMER 1** | **SUMMER 2** |
| **Year 1** | Orienteering  Throwing/ catching | Dance | Gymnastics | Bat and Ball Skills | Tennis | Athletics |
| **Year 2** | Orienteering  Gymnastics | Tennis | Dance | Hockey | Invasion Games | Athletics |
| **Year 3** | Orienteering  Dance | Gymnastics | Circuits | Yoga | Athletics | Throw/ catch |
| **Year 4** | Orienteering  Dance | Hockey | Gymnastics | Athletics | Basketball | Rounders |
| **Year 5** | Orienteering  Yoga | Dance | Gymnastics | Football | Tennis | Athletics |
| **Year 6** | Orienteering  Gymnastics | Hockey | Basketball Circuits | Dance | Circuits | Athletics |